# Personal Cup and Adapter

For use with Vitamix: C SERIES - 5200, 5300, 6300, 6500, Aspire, Creations, Pro-200, Pro-500, Total Nutrition Center, & TurboBlend Two Speed EXPLORIAN SERIES - E310, E320, E520 G SERIES - 7500, Pro-300, Pro-750, 780, Aspire, Creations PROPEL SERIES - Propel 510, Propel 750

Symbols		
	Warning and Caution	
	NEVER touch moving parts. Keep hands and utensils out of the container.	
	Unplug while not in use, before cleaning, changing accessories, or touching parts that move.	L
	Read and understand the owner's manual.	
	Parts will become hot with extended use. NEVER touch the drive socket in the motor base or the drive spline in the adapter.	
	NEVER use the 0,6 L (20 oz) cup to heat ingredients or to blend hot liquids. NEVER use the cups (includ- ing the blade base or lids) in the microwave.	
P	This icon is in Vitamix cook- books on suggested recipes for the 0,6 L (20 oz) personal cup.	





vitamix.com U.S. Patent: vitamix.com/patents

# IMPORTANT SAFEGUARDS



Carefully read all instructions before operating the appliance for the first time. Save these instructions for future reference.



ALWAYS use grounded outlets.

**NEVER** remove the ground.

NEVER use an adapter.

**NEVER** use an extension cord.

**NEVER** plug the appliance into a timer or an outlet controlled by a switch.

- THE FAILURE TO FOLLOW ANY OF THE IMPORTANT SAFEGUARDS AND IMPORT-ANT INSTRUCTIONS FOR SAFE USE IS A MISUSE OF YOUR VITAMIX appliance THAT CAN VOID YOUR WARRANTY AND CREATE THE RISK OF SERIOUS INJURY.
- 2. The instructions appearing in this manual cannot cover every possible condition and situation that may occur. Common sense and caution must be practiced when operating and maintaining any appliance.
- 3. Strictly follow the care and cleaning instructions provided in this manual.
- 4. NEVER use the appliance for anything other than its intended use.
- 5. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience or knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety and if they understand the hazards involved.
- 6. NEVER let children use or play with the appliance. Keep the cord out of reach from children.
- 7. Remove and discard packaging materials, the power plug cover, and promotional labels before using the appliance for the first time.
- NEVER unplug the appliance by pulling on the cord. To unplug the appliance, grasp the power plug and pull from the outlet.
- 9. NEVER come in contact with moving parts, especially the blades.
- 10. NEVER operate the appliance with loose,



**ALWAYS** turn off AND unplug the appliance when not in use and before assembling, disassembling, moving, cleaning, and storing.

**NEVER** immerse the power cord, power plug, or motor body in water or any other liquid.

If the appliance becomes submerged, unplug immediately.

Failure to follow instructions can cause death or electrical shock.

This product is intended for HOUSE-HOLD USE ONLY and is not intended to be used for commercial purposes.

nicked, or damaged blades; replace immediately. Check the blades daily.

- 11. NEVER tighten the acorn nut on the top of the blade assembly. If loose, replace the blade assembly immediately.
- 12. NEVER place the appliance on or near a hot gas or electric burner, or where it could touch any other source of heat.
- 13. This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. NEVER modify the plug in any way.
- 14. If the appliance will not operate, unplug the appliance and reset the GFCI. If the circuit breaker continues to trip, unplug the appliance from the outlet and contact a qualified electrician.
- NEVER allow the power cord to hang over the edge of a table or counter, touch hot surfaces, or become knotted.
- ALWAYS ensure the appliance is completely and properly assembled before operation including the unwinding of the power cord fully before use.
- The blending blade assembly is very sharp. Handle carefully and keep out of reach of children.
- ALWAYS ensure the appliance is unplugged from the power outlet before attempting to assemble any of the attachments.
- 19. NEVER use attachments other than those provided with the appliance or offered

2

# IMPORTANT SAFEGUARDS

separately from Vitamix. The use of attachments, including preserving jars, not sold or recommended by Vitamix may cause fire, electric shock, or injury and will void the warranty.

- 20. Alteration or modification of any part of the appliance, including the use of any part or parts that are not genuine authorized Vitamix parts, may cause fire, electric shock, or injury and will void your warranty.
- 21. NEVER fill the 0,6 L (20 oz) cup above the marked maximum capacity line to avoid risk of injury.
- 22. NEVER use the 0,6 L (20 oz) cup to heat ingredients or to blend hot liquids. Heated ingredients and liquids may create internal pressure which could cause the cup to burst and cause injury.
- 23. NEVER touch surfaces that may be hot.
- 24. If during use, the sound of the appliance changes or if a hard or foreign object comes into contact with the blades, NEVER serve the food being made with the appliance.
- 25. NEVER remove ingredients from the appliance during operation. Ensure the motor has completely stopped and the appliance is unplugged before removing any ingredients.
- 26. If food becomes lodged around the blending blade, unplug the power cord, and use a spatula to dislodge the food. NEVER use fingers as the blending blade is sharp.
- 27. Keep hands, hair, clothing, and utensils away from all moving parts during operation to reduce the risk of severe injury to persons and/or damage to the appliance. A spatula may be used, but only when the appliance is not running.
- 28. If the blend is not processing when blending dry, thick, or heavy mixtures, stop operation and use a spatula to dislodge the food. NEVER use fingers as the blending blade is sharp. Allow the motor to cool for 1 minute before turning the appliance back on.
- 29. NEVER allow the blending blade to soak in water.
- 30. NEVER use outdoors or on moving vehicles or boats.
- 31. NEVER leave the working area when the appliance is in use.
- NEVER attempt to blend in the adapter without use of the personal cup.
   120667

- 33. NEVER leave any foreign object, such as spoons, forks, knives, or the lid plug in the cup as this will damage the blades and other components when starting the appliance and may cause injury.
- NEVER expose the cup to temperatures or ingredients over 210°F (99°C).
- NEVER operate the appliance without the centering pad installed properly underneath the cup.
- 36. Ensure the cup and blade base are flush with the centering pad to ensure the drive spline is engaged with the drive socket before operating.
- 37. NEVER place a blade assembly on the motor base unless assembled to the Vitamix cup to reduce the risk of injury.
- ALWAYS use the seal on the blade base and tighten the cup adequately to the blade base before blending.
- 39. NEVER use the cups (including the blade base) in the microwave.
- 40. NEVER continuously use your appliance for more than 75 seconds with the cup.
- 41. If the cup becomes warm to the touch, steams, or vents, immediately stop blending ingredients and turn off or unplug the appliance. Allow the cup and ingredients to cool to room temperature before removing the blade base.
- 42. When making nut butters or oil-based foods, do not process for more than one minute after the mixture starts to circulate in the cup. Processing for longer periods can cause overheating.
- 43. The appliance will reset itself in the event of power line surge. This is a design feature to avoid hazards, if used as intended. The timer is only for the user's reference and is not considered an essential function of the appliance's operation.
- 44. Regularly inspect the power cord, power plug, and the appliance for any damage. NEVER operate if damaged in any way or after the appliance malfunctions. Immediately cease use of the appliance and visit Vitamix.com or call Vitamix Household Customer Service at 1.800.848.2649 (International: 1.440.235.4840) for examination, repair, or adjustment.
- 45. Any repair, servicing, or replacement of parts must be performed by Vitamix or a Vitamix authorized service representative.
- 46. SAVE THESE INSTRUCTIONS.

# PARTS AND FEATURES



NEVER attempt to blend in the adapter without use of the personal cup. The adapter is not intended to be used as a blending container without the personal cup. There are cut outs in the adapter that will not allow liquid to be retained in the adapter if a cup is not used. If you have misplaced or need a to replace a cup, contact Vitamix Customer Service to order a replacement.

0,6 L (20 oz) Personal Cup -

- NEVER use the cup to heat ingredients or to blend hot liquids.
- NEVER use in the microwave.
- Top-rack dishwasher safe.

#### Adapter -

The seal MUST be in place to avoid leaks during blending.

- NEVER disassemble.
- NEVER use in the microwave.
- Top-rack dishwasher safe.

#### Vitamix Motor Base -

The Personal Cup and Adapter is for use on C and G Series Vitamix Motor Bases. **NOTE:** Your machine might differ slightly from this illustration.





## Flip-Top Lid

The seal MUST be in place to avoid leaks when using as a to-go cup.

- NEVER use in the microwave.
- Top-rack dishwasher safe.

# PARTS AND FEATURES





#### Seals

There are two seals supplied with the Personal Cup and Adapter and are used to avoid leaks and spills. The seals are interchangeable and their uses are:

For blending - Place a seal on the thread on the adapter.

If leaking occurs:

- Ensure the seal is in place on the adapter before attaching the personal cup.
- Tighten the adapter onto the personal cup until it stops.
  Try to thread a little further to ensure it is tight.

For travel - Place a seal on the flip-top lid before attaching it to the 0,6 L (20 oz) personal cup.

If leaking occurs:

• DO NOT over-tighten the flip-top lid as this will distort the seal.

# BLENDING





The blades will continue to spin until they come to a complete stop at the end of the blend cycle. Always allow the blades to come to a complete stop before handling the blade base and cup.

Put a clean and dry seal on and then firmly tighten the blade base onto the cup

BEFORE blending.

NEVER fill the 0,6 L (20 oz) cup above the marked maximum capacity line to avoid risk of injury caused by damage to the lid and container.



If the cup becomes loosened from the blade base during operation, turn the machine OFF and wait until the motor and blades come to a complete stop before attempting to remove the cup and blade base from the motor base.

NEVER use the 0,6 L (20 oz) cup to heat ingredients or to blend hot liquids. Heated ingredients and liquids may create internal pressure which could cause the cup to burst and cause injury.

NEVER continuously use your appliance for more than 75 seconds with the cup.

If the cup becomes warm to the touch, steams, or vents, immediately stop blending ingredients and turn off or unplug the appliance. Allow the container, cup, or bowl and ingredients to cool to room temperature before removing the blade base.

NEVER attempt to blend in the adapter without use of the personal cup.

Parts will become hot with extended use.



NEVER touch the drive socket in the motor base or the drive spline in the blade base.

To avoid damage or personal injury, NEVER use the cups (including the blade base or lids) in the microwave.

#### Tips to prevent 'overloading' your appliance:

- Cut ingredients into 1-inch pieces.
  NEVER overfill.
- Cubed ice blends better than crushed ice.
- Add ingredients to the Personal Cup in the order they appear in the recipe or follow the Load Order Illustration.
- When starting the appliance, hold at a low speed (1 or 2) for a few seconds until the blades "grab" or begin to process the ingredients.
- Once ingredients begin circulating, increase to the speed recommended in the Vitamix recipe. Operating at a lower speed than suggested can cause the motor to overheat. Blend for the full processing time suggested in the recipe.

# Blending

# BLENDING IN THE 0,6 L (20 OZ) CUP

1. Place a clean, dry seal onto the bottom thread of the adapter. The seal should fit snugly and evenly around the thread.

# IMPORTANT!

- NEVER use the 0,6 L (20 oz) cup to heat ingredients or to blend hot liquids. Heated ingredients and liquids may create internal pressure which could cause the cup to burst and cause injury.
- NEVER fill the 0,6 L (20 oz) cup above the marked maximum capacity line to a void risk of injury caused by damage to the lid and container.
- 2. Load the ingredients in the order they appear in the recipe or the Load Order Illustration.
- Thread the adapter onto the cup in a clockwise direction just until tight. DO NOT over tighten or leaking can occur.
- 4. Invert the adapter and cup assembly and place it on the motor base.
- 5. Blend according to the recipe instructions.

If the mixture stops circulating:

- a. Press the On/Off Switch to stop the motor.
- b. Wait until the blades stop rotating and remove the adapter and cup assembly from the motor base.
- c. Turn the adapter and cup assembly over and remove the adapter.
- d. Stir the ingredients or add liquids, if necessary.
- e. Remove the seal, wipe clean the adapter threads, and place a clean, dry seal onto the bottom thread of the adapter.
- f. Thread the adapter onto the cup in a clockwise direction just until tight. DO NOT over tighten or leaking can occur.
- g. Invert the adapter and cup assembly and place on the motor base.
- h. Continue blending.
- 6. After blending, wait until the blades stop rotating and remove the adapter and cup assembly from the motor base.
- 7. Turn the adapter and cup assembly over and remove the adapter
- 8. Use a Vitamix Under Blade Scraper or spatula to remove salsa, jelly, jam, peanut butter, and other ingredients from the container.

# TRAVELING WITH THE 0,6 L (20 OZ) CUP

- 1. Place a seal on the flip-top lid. The seal should fit snugly and evenly around the bottom thread of the flip-top lid.
- 2. Thread the flip-top lid onto the personal cup in a clockwise direction until just tight. DO NOT over tighten or leaking can occur.
- To open the flip-top lid, hold the personal cup with one hand, press the two tabs on the lid with the other hand and lift up to release.



#### CLEANING THE CUP AND ADAPTER

- Dishwasher The cup, lid, adapter, and seals are top-rack dishwasher safe.
- In-Place Cleaning:
  - a. Fill the container half full with water and add a couple of drops of dishwashing liquid.

### NEVER BLEND HOT WATER.

b. Clean the seals and threads on the adapter thoroughly to avoid ingredient build up.

**NOTE:** Ingredient build up might cause problems when trying to remove the blade base from the personal cup if it has been attached and allowed to sit for a long period of time.

- c. Place a clean, dry seal onto the bottom thread of the adapter. The seal should fit snugly and evenly around the thread.
- d. Thread the adapter onto the cup in a clockwise direction just until tight.
- e. Invert the adapter and cup assembly and place it on the motor base.
- f. Press the Start/Stop Switch to turn on the appliance and slowly increase to Variable Speed 10.
- g. Run the appliance for 60 seconds.
- Rotate the Variable Speed Dial back to Variable Speed 1 and press the Start/ Stop Switch to turn off the appliance.
- Wait until the blades come to a complete stop before removing the adapter from the motor base.
- j. Turn the adapter and cup assembly over and remove the adapter.
- k. Rinse and drain all pieces.

- Sanitizing:
  - a. Follow the cleaning instructions.
  - b. Fill the container half full with water and 1/2 teaspoon of liquid bleach.
     NEVER BLEND HOT WATER.
  - c. Place a clean, dry seal onto the bottom thread of the adapter. The seal should fit snugly and evenly around the thread.
  - d. Thread the adapter onto the cup in a clockwise direction just until tight.
  - e. Invert the adapter and cup assembly and place it on the motor base.
  - f. Press the Start/Stop Switch to turn on the appliance and slowly increase to Variable Speed 10.
  - g. Run the appliance for 60 seconds.
  - Rotate the Variable Speed Dial back to Variable Speed 1 and press the Start/ Stop Switch to turn off the appliance.
  - i. Wait until the blades come to a complete stop before removing the adapter from the motor base.
  - j. Allow the mixture to stand in the container for an additional 1-1/2 minutes.
  - k. Turn the adapter and cup assembly over and remove the adapter.
  - Pour the bleach mixture out. Allow container to air dry. Do not rinse after sanitizing.

### **3-YEAR FULL WARRANTY ON SEPARATELY SOLD CONTAINER COMPONENTS**

#### 1. What is Covered.

Vita-Mix Corporation ("Vitamix") warrants that the blade base and seal (collectively and individually referred to as "Container Component") that is purchased separately from a blender motor-base will be free from defects in material or workmanship and will withstand wear and tear from ordinary household use for 3 years from the earlier of the date of purchase due or date of delivery as permitted by law. Vitamix will, within 30 days of receipt of the returned product, repair the failed Container Component free of charge. If, in Vitamix's sole discretion, the failed Container Component cannot be repaired, Vitamix will elect to either (A) replace the Container Component free of charge or (B) refund the full purchase price to the owner, unless Vitamix receives prior written notice of the owner's preference.

### 2. What is Not Covered.

This Warranty applies only to owners for ordinary household use. This Warranty does not cover cosmetic changes that do not affect performance, such as discoloration or the effects of the use of abrasives or cleaners or food build up. This Warranty is only valid if the Container Component is used in accordance with the instructions, warnings and safeguards contained in the owner's manual.

Processing certain herbs and spices in the container/cup will result in cosmetic marring of the container/cup and may cause the blades to wear prematurely. Traces of sand, as well as coarse, gritty and abrasive herbs, will also cause the blades to wear prematurely. Herbs may contain volatile oils, cause the container/cup to retain the oils and cause permanent discoloration. Your container/cup and blades are not covered under the Vitamix warranty under these circumstances.

Vitamix will not be responsible for the cost of any unauthorized warranty repairs.

REPAIR, REPLACEMENT OR REFUND OF THE PURCHASE PRICE ARE THE EXCLUSIVE REMEDIES OF PUR-CHASER AND THE SOLE LIABILITY OF VITAMIX UNDER THIS WARRANTY. NO EMPLOYEE OR REPRESEN-TATIVE OF VITAMIX IS AUTHORIZED TO MAKE ANY ADDITIONAL WARRANTY OR ANY MODIFICATION TO THIS WARRANTY WHICH MAY BE BINDING UPON VITAMIX. ACCORDINGLY, PURCHASER SHOULD NOT RELY UPON ANY ADDITIONAL STATEMENTS MADE BY ANY EMPLOYEE OR REPRESENTATIVE OF VITAMIX. IN NO EVENT, WHETHER BASED ON CONTRACT, INDEMNITY, WARRANTY, TORT (INCLUDING NEGLI-GENCE), STRICT LIABILITY OR OTHERWISE, SHALL VITAMIX BE LIABLE FOR ANY SPECIAL, INDIRECT, INCIDENTAL OR CONSEQUENTIAL DAMAGES, INCLUDING, WITHOUT LIMITATION, LOSS OF PROFIT OR REVENUE.

Some states do not allow limits on warranties. In such states, the above limitations may not apply to you. Outside the U.S.A. and Canada, other warranties may apply.

### 3. WHAT VOIDS THIS WARRANTY.

Abuse, misuse, negligent use, alteration of the Container/Cup or Container Component or motor base, exposure to abnormal or extreme conditions, or failure to follow the operating instructions, will void this Warranty.

The Warranty is also void if repairs to the machine, Container/Cup, Container Component, any portion of the blade assembly or motor base are performed by someone other than Vitamix or an authorized Vitamix Service Provider, or if any part subject to this Warranty is used in combination with a motor-base or container that is not expressly authorized by Vitamix.

### 4. HOW TO OBTAIN RETURN AUTHORIZATION UNDER THIS WARRANTY.

Before returning this product for any reason, including repair, first contact VitaMix Household Customer Service at 1.800.848.2649 (International: 1.440.235.4840), email service@vitamix.com, or contact your local dealer or distributor.

For a list of Vitamix Distributors, visit https://www.vitamix.com/vr/en\_us/international-support.

If components were purchased within the U.S.A. or Canada, but is currently outside the U.S.A. or Canada, all shipping and resulting taxes and duties are at the owner's expense. Call 1.440.235.4840 or email service@vitamix.com for more details.



Vita-Mix® Corporation 8615 Usher Road Cleveland, OH 44138 U.S.A. vitamix.com

©2023 Vita-Mix Corporation. No part of this publication may be reproduced or transmitted in any form or by any means, or stored in a database or retrieval system, without the written permission of Vita-Mix Corporation.